

COVID-19 (Novel Coronavirus) Pandemic - Turning Corner

February 11, 2021. Yesterday I got my second shot on the Covid-19 Pfizer vaccine and today I met with my cardiologist to review my recovery from my recent heart surgery. After months of dealing with bad news regarding the acceleration in the spread of the virus and after spending two months in and out of the hospital, I can now sense a positive shift. We seem to be turning a corner in controlling the virus and hopefully in regaining my personal health and strength.

While I am primarily concerned about my physical well-being, the pandemic has put additional pressure on the mental side of the equation. Vaccine availability is going to relieve mental stress and concern for everyone, but unfortunately it is predictable that the general population will once again jump the gun and prematurely cease following reasonable social distancing practices.

My sense of relief with regard to the pandemic is offset by my continuing medical issues. I seem to be past the infection and heart issues but it is still uncertain whether I will return to the same medical status as I had prior to becoming ill? The next couple of weeks will be key. I haven't played golf in 9 weeks and I don't foresee attempting to hit balls for another couple of weeks. It may be that my golf career is at an end? Or maybe my overall health has also turned the corner and I will be better than ever?