

COVID-19 (Novel Coronavirus) Pandemic - Dual Weariness

October 29, 2020. It has been over 7 months since the pandemic began dominating our day-to-day lives and it is less than a week before the Presidential election. The one thing that is uncommon with both the pandemic and the election is that the American people have grown weary on both fronts.

Six months ago I would watch the evening news intently to get the latest information regarding the spread of the virus, and to get updates on how the country and national and local politicians were responding, or not responding. In my daily life I would engage in open discussion of COVID-19 while trying to avoid the associated political banter.

Today my wife and I no longer watch TV news and I politely beg out of friendly political and pandemic conversation, saying I am not interested. My disinterest is not because I am apathetic or depressed; I am just weary and there is nothing more to say or contribute. Instead we have learn to relax and endure under a cloud of weariness,

My wife and I have tried to direct our focus elsewhere while accepting that the pandemic is not going away soon and the political bickering is going to continue. Unfortunately it means we are stuck in the same restrictive lifestyle that limits travel, visits with children and grandkids, and dining out. But at this point we are now seasoned veterans, who have already adapted well. We know how to stay safe; stay physically-active; stay amused; and stay emotionally-adjusted.